

JURASSIC COAST TRUST



PRESENTS

#myjurassiccoast

@BECALA2020

Walking the coast

.....
WITH REBECCA

Sponsored by @purbeckicecream

LEAVE NO TRACE

RESPECT, PROTECT, COLLECT

Collaboration between @Becala2020 & @jurassiccoastofficial

#myjurassiccoast

@ BECALA2020

Walking the coast

WITH REBECCA

Walk 1: Lulworth "Figure of Eight"



4Hrs - Medium - Clear, wide paths with steep climbs



Parking: Lulworth car park, BH20 5RQ

You can easily shorten the walk by selecting stars 1 to 5 (Durdle Door) or 6 to 8 (Mupe Bay)



Bus: 30, 31, x52, X54, Purbeck Breezer

Highlights of the walk

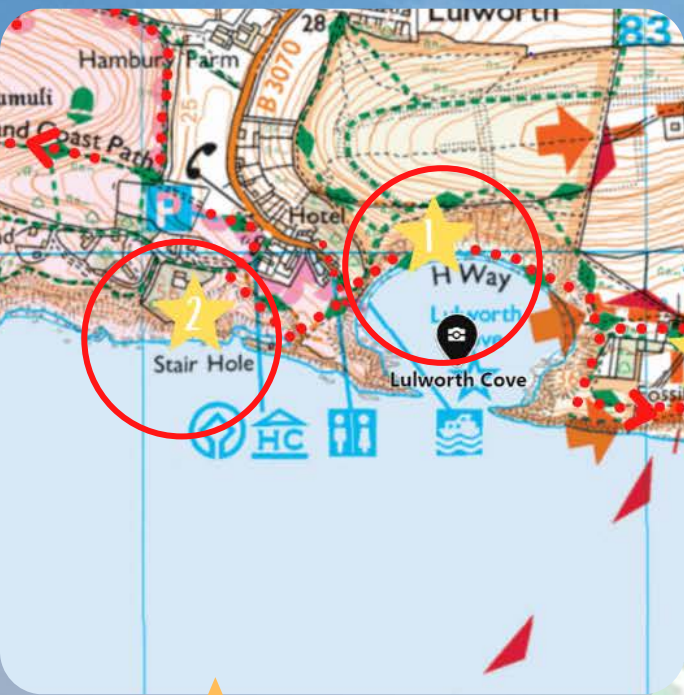
1. Lulworth Cove
2. Stair Hole
3. Man o' War Bay
4. Durdle Door
5. Hambury Tout
6. Fossil Forest
7. Mupe Rocks
8. Mupe Bay



Closest Pub: Lulworth Inn (3 min walk)

Points 6-8 are only accessible at certain times due to the Lulworth Firing Ranges.
[Check the website for details](#)

Start at Lulworth Car Park Follow the road south past the visitor centre, until you see the Cove!



Lulworth Cove

It's a really pretty cove and it is the variety of geology that gives us this landscape. The sea has hollowed out the softer rocks to form a perfect horseshoe.

Stair Hole

2

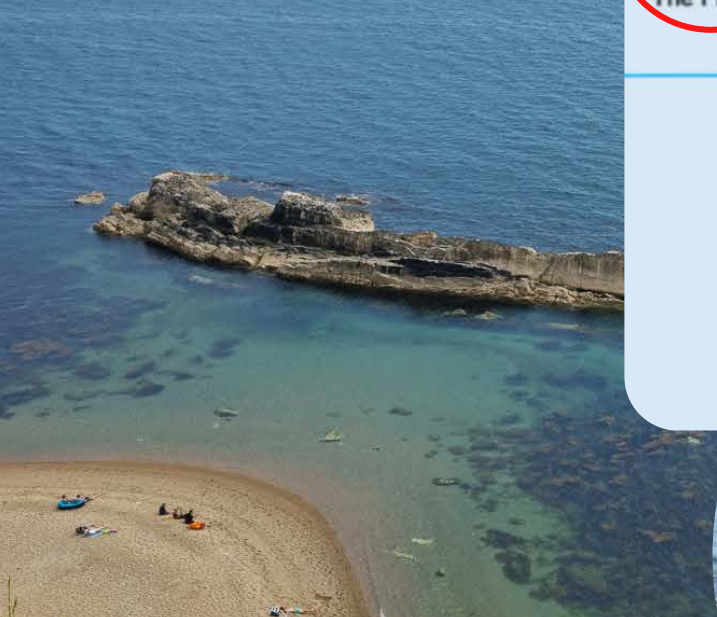
From Lulworth Cove, take the stairs signposted South West Coast Path westwards up the hill. You will see Stair Hole from the view point.



Here we see the famous Lulworth Crumple which is a complex fold formed by major earth movements that occurred in the same period that the Alps were formed. About 25 million years ago Africa collided with Europe and the enormous earth movements created the Alps.

Man o War Bay

3



From Stair Hole, return to Lulworth Car Park. Follow the chalk path over the hill to Man o War Bay.

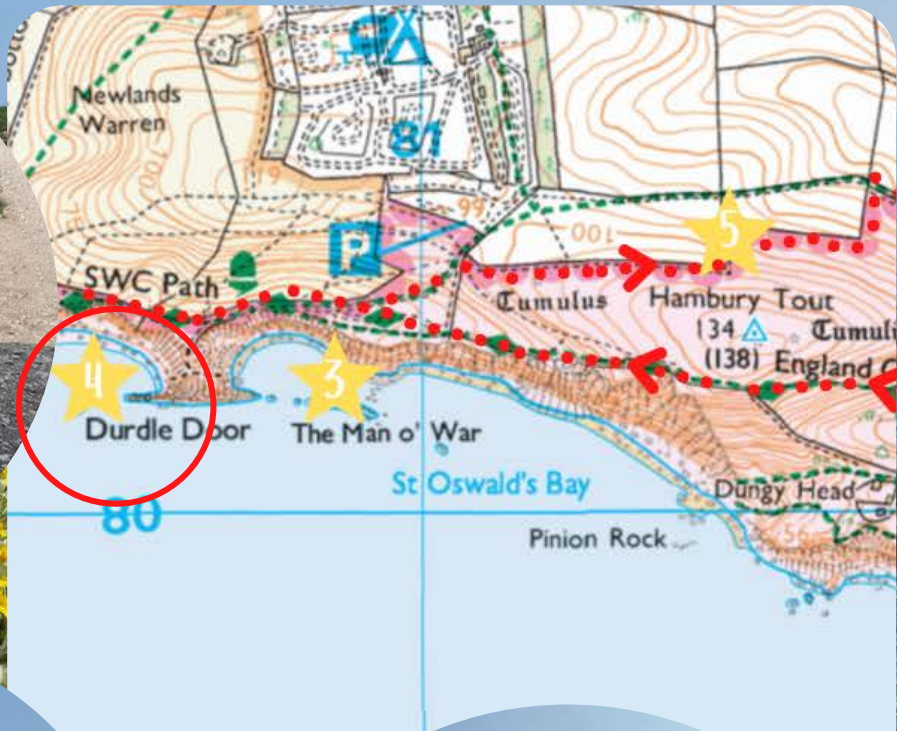
Take the stairs down to the sea if you want to have a paddle!

Durdle Door

4

After reaching Man o War Bay view point, Durdle Door is another 2 minute walk further West along the coast path.

i



#myjurassiccoast

Hambury Tout

5

From Durdle Door View Point, follow the chalk path up the hill to Durdle Door car park. Walk through the car park and across the stile, following the sign posts, towards Hambury Tout. Enjoy the magnificent view when you arrive!



Fossil Forest

i

6



From Hambury Tout, return down the path to Lulworth Car Park, then to Lulworth Cove.

Walk around the cove to the East side, **“(make sure the tide is low enough to safely make the walk there and back)”** where you will see a steep path up the hill.

Follow this up to the headland overlooking the cove.

Continue East along the coast until you reach the gated entrance to the Range Walks.

A few yards later there is a steep path down towards the coast, follow the signs to the Fossil Forest.

REMEMBER! This part of the walk is only possible when the Range Walks are open. Check the government website for details: www.gov.uk/government/publications/lulworth-access-times

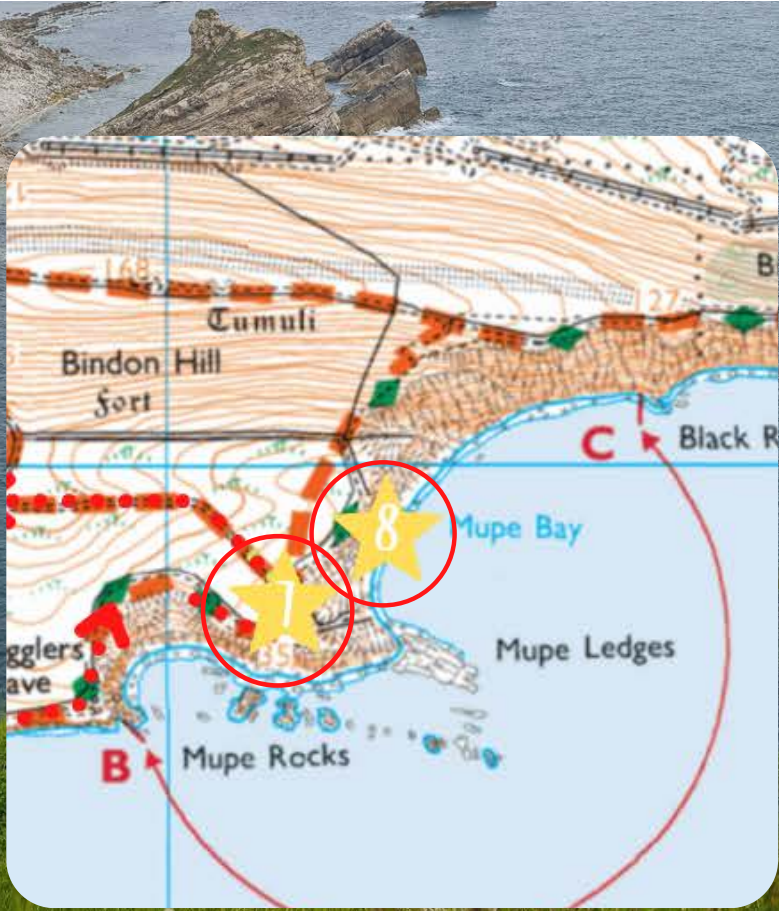


#myjurassiccoast

Mupe Rocks



Once you have explored the Fossil Forest, return to the Range Walks entrance. Follow the path East along the coast until you are greeted by glorious views of Mupe Rocks, then further on the sheltered Mupe Bay. To return, follow the signposted route back to Lulworth Cove, then back to the car park.



Mupe Bay

Head back to Lulworth Carpark



@BECALA2020

Walking the coast

WITH REBECCA

MORE WALKS



Circular walk of
St Aldhelms Head
& Chapmans Pool



West Bay to Seatown



Devon



PURBECK

Award Winning Dorset Ice Cream



Purbeck Ice Cream are an award-winning family-run business overlooking Corfe Castle in Dorset.

They are long-running supporters of the Jurassic Coast Trust, and have raised thousands of pounds to help protect and conserve our amazing World Heritage Site.

Try one of their delicious ice creams from Lulworth Lodge on the road to Lulworth Cove!