Chesil Beach is 15 miles long and born from landslides that eroded after the last ice age, 20,000 years ago. Protected habitats nestle at the back of the beach where the melodious song of the linnet can be heard all year round.

Cogden Beach

- Alight the bus at the Cogden Beach bus stop. Cross the National Trust car park and take the gravel road down to Cogden Beach and the South West Coast Path.

- Head west along the South West Coast Path, skirting a caravan park and continue down to Hive Beach. Here there is a National Trust car park, toilets and café.

- Go up the road from the beach and head left across the overflow National Trust car park to the South West Coast Path signpost at a gap in the hedge. Continue through the gate across fields to a road.

- Go right, down this road to reach the bend in the main road. Continue north up the road on the pavement to reach the bus stop opposite the Three Horseshoes pub, for the Bridport direction. Continue along the road to the bus stop by Anchor Inn, for the Weymouth direction. It would be advisable to take a short detour to the Angel Inn via Donkey Lane on the right, and Church Street to avoid walking along the narrow, busy part of the main road here.