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Jurassic Coast Trust presents #myjurassiccoast

@Becala2020 Walking the coast with Rebecca

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Leave no trace
Respect, protect, collect

Collaboration between @Becala2020 & @jurassiccoastofficial
Walk 1: Lulworth "Figure of Eight"

4Hrs - Medium - Clear, wide paths with steep climbs

Parking: Lulworth car park, BH20 5RQ

Bus: 30, 31, x52, X54, Purbeck Breezer

Closest Pub: Lulworth Inn (3 min walk)

Highlights of the walk
1. Lulworth Cove
2. Stair Hole
3. Man o War Bay
4. Durdle Door
5. Hambury Tout
6. Fossil Forest
7. Mupe Rocks
8. Mupe Bay

You can easily shorten the walk by selecting stars 1 to 5 (Durdle Door) or 6 to 8 (Mupe Bay)

Points 6-8 are only accessible at certain times due to the Lulworth Firing Ranges. **Check the website for details**
Start at Lulworth Car Park. Follow the road south past the visitor centre, until you see the Cove. It’s a really pretty cove and it is the variety of geology that gives us this landscape. The sea has hollowed out the softer rocks to form a perfect horseshoe.
From Lulworth Cove, take the stairs signposted South West Coast Path westwards up the hill. You will see Stair Hole from the viewpoint.

Here we see the famous Lulworth Crumple which is a complex fold formed by major earth movements that occurred in the same period that the Alps were formed. About 25 million years ago Africa collided with Europe and the enormous earth movements created the Alps.
Man o War Bay

From Stair Hole, return to Lulworth Car Park. Follow the chalk path over the hill to Man o War Bay.

Take the stairs down to the sea if you want to have a paddle!
After reaching Man o’ War Bay viewpoint, Durdle Door is another 2 minute walk further West along the coast path.
From Durdle Door View Point, follow the chalk path up the hill to Durdle Door car park. Walk through the car park and across the stile, following the sign posts, towards Hambury Tout. Enjoy the magnificent view when you arrive!
From Hambury Tout, return down the path to Lulworth Car Park, then to Lulworth Cove. Walk around the cove to the East side, "(make sure the tide is low enough to safely make the walk there and back)" where you will see a steep path up the hill. Follow this up to the headland overlooking the cove. Continue East along the coast until you reach the gated entrance to the Range Walks. A few yards later there is a steep path down towards the coast, follow the signs to the Fossil Forest.

**REMEMBER!** This part of the walk is only possible when the Range Walks are open. Check the government website for details: [www.gov.uk/government/publications/lulworth-access-times](http://www.gov.uk/government/publications/lulworth-access-times)
Once you have explored the Fossil Forest, return to the Range Walks entrance. Follow the path East along the coast until you are greeted by glorious views of Mupe Rocks, then further on the sheltered Mupe Bay. To return, follow the signposted route back to Lulworth Cove, then back to the car park.
Head back to Lulworth Carpark
Circular walk of St Aldhelms Head & Chapmans Pool
West Bay to Seatown
Devon
Purbeck Ice Cream are an award-winning family-run business overlooking Corfe Castle in Dorset.

They are long-running supporters of the Jurassic Coast Trust, and have raised thousands of pounds to help protect and conserve our amazing World Heritage Site.

Try one of their delicious ice creams from Lulworth Lodge on the road to Lulworth Cove!